



Job Description Lifeguard

GENERAL DESCRIPTION:

A Lifeguard employed with Sunset Empire Park and Recreation District is responsible for the health, safety and welfare of those using the District's swimming pools. A Lifeguard's major responsibility is to observe swimmers and enforce regulations in the guarding of life and the prevention of incidents at the District's swimming pools, as well as to integrate training and judgment to make independent, responsible, professional decisions without direct supervision.

SUPERVISION RECEIVED:

This position comes under the direct supervision of the shift Head Lifeguard of the District, or an individual assigned by the Aquatic Manager to supervise the duties of the Lifeguard. A Lifeguard is responsible for following and carrying out all of the workplace expectations and policies of the Sunset Empire Park and Recreation District.

SUPERVISION EXERCISED:

In general, a Lifeguard does not supervise other lifeguards or staff members. However, a Lifeguard may occasionally be assigned the responsibility for supervising other lifeguards and/or volunteers assisting in the organization and implementation of the swimming pool operations.

ESSENTIAL DUTIES:

- Supervises the activities of swimmers by enforcing rules, regulations and informing them of improper activities or hazards.
- Performs rescues; administers emergency care and assessment as necessary, in accordance with training.
- Notifies the Aquatic Manager by way of incident reports of any accidents, rescues, or problems that have arisen.
- Successfully and positively performs within work team dynamics.
- Adheres to the most recent revision of the District Employee Handbook.
- Actively monitors email and When2Work for policy updates and schedule changes.
- Responds to questions from guests, regarding District programs, activities, policies and practices.
- Conducts tests to determine water quality and maintains attendance & activity records.
- Directs all helpful suggestions from participants and others to the supervisor.
- Attends scheduled in-service training. Demonstrates retention of skills and ability to initiate action and integrate actions with other staff team members.
- Rotates through appropriate locker rooms to check for emergencies and cleanliness.
- Performs duties of front desk staff as directed. Serves as an ambassador of the District and engages with the public in a respectful, professional, and positive manner.
- Performs light custodial maintenance duties such as hosing the deck, cleaning bathrooms and locker rooms, taking out trash or others as assigned.
- Performs other duties as directed by the Aquatics Manager of the Sunset Empire Park and Recreation District. Responds positively to correction and accepts direction.

QUALIFICATIONS:

Knowledge of:

- Possesses considerable knowledge of swimming pool and guest safety practices, lifeguarding methods and practices, emergency care and assessment, and emergency procedures.

Ability to:

- Read, write and understand English.
- Swim 300 yards without stopping
- Swim 50 yards, rescue a victim and exit the deep end without using a ladder.
- Tread water consecutively for 2 minutes.
- Retrieve and surface a 5lb object.
- Perform all lifesaving techniques required by the American Red Cross Lifeguard exam.
- Communicate effectively & positively.
- Exercise professional judgment to act effectively in unusual and/or emergency situations.
- Implement and adhere to District policies and practices at all times.
- Ability to pass a pre-hiring drug test and any random tests thereafter.

EXPERIENCE & TRAINING:

All below listed certification training will be provided to each successful candidate.

- Current American Red Cross Lifeguarding Certification.
- Current American Red Cross CPR/AED, and First Aid Certification.

PHYSICAL SKILLS:

While performing the duties of this position, the Lifeguard is frequently required to sit, stand, stoop, kneel, reach and manipulate objects, tools or controls. The position requires mobility. Manual dexterity and coordination are required to perform the function of a Lifeguard, operate equipment such as, but not limited to, computer keyboards, phones, and standard office equipment. The position may require the occasional lifting of objects weighing up to 50 lbs.

COMPENSATION:

\$11.00-\$13.00 DOE, with the opportunity to accrue paid sick time and paid vacation.

HOW TO APPLY:

Contact Aquatic Manager, Justin Smith at JSmith@sunsetempire.com to receive a job application or for more information.